

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Michael Cook

Has successfully participated & completed the

17km Fresh @ Groenkloof

held at Groenkloof Nature Reserve .

## **TIME** 01:36:24

**PACE** 05:39/km **OVERALL** 13 of 154

GENDER 11 of 85 40 - 49 4 of 38



Date

outLime

Signature